



WORLD ASSOCIATION OF CHEFS SOCIETIES

2009 CULINARY RULES

INDIVIDUAL EXHIBITOR

CATEGORY A

Finger foods and/or tapas suitable for evening cocktail service for four persons.

Two different kinds of finger food and/or tapas intended cold and displayed cold.

Two different kinds of finger food and/or tapas intended hot and displayed cold.

A festive, cold display presentation platter for eight persons.

In addition to the above, one plate for one person from the festive platter must also be presented so that the optical effect along with the relative proportions will be clearly apparent. Descriptions must be supplied.

CATEGORY B

Menu of the Day

This is an important discipline as it reflects what we do as chefs and cooks on a daily basis.

A three-course vegetarian menu of the day, including dessert. The menu should be balanced both in composition and nutrition. Description to be supplied.

In this section it will be presented as a five-course menu and must include a dessert. Composition must be in a well balanced nutrition form. Description to be supplied.

CATEGORY C

Four different desserts – prepared hot or cold for one person, individually served.

One showpiece of choice, from the competitor, using edible pastry materials only. Minimum of 60 cm height.

CATEGORY SHOW PIECE KITCHEN

The following materials can be basically used:
Vegetables, salt, butter, dough, fruit, ice, fat, spices.

Although Category entries (showpieces kitchen) tend to display more creativity than practicality, they must also conform to certain standards. Showpieces must be made mostly of food, however other materials are allowed for support. The entries must not exceed a maximum height of 1.50 metres and a maximum width of 1 metre. Each carries a possible 25 points.

Degree of difficulty
Work involved
Creativity
Presentation

CATEGORY SHOW PIECE PASTRY

The following materials can be basically used:
Sugar (different techniques), dough's, cakes, wedding cake, nougat, marzipan, chocolate, cacao painting

Although Category entries (showpieces pastry) tend to display more creativity than practicality, they must also conform to certain standards. Showpieces must be made mostly of food, however other materials are allowed for support. The entries must not exceed a maximum height of 1.50 metres and a maximum width of 1 metre. Each carries a possible 25 points.

Degree of difficulty
Work involved
Creativity
Presentation